

TRAUMA INFORMED CARE 201

CULTURAL COMPETENCY TRAINING



Date & Time:

**Tuesday, May 21st,
2019**

9:00am-1:00pm
15 Minute Break

Location:

SVECC RM 19
3845 Spring Drive
Spring Valley, CA 91977

Trainer:

Emily Schall, LCSW,
Clinical Supervisor for the San
Diego Youth Services.

Registration:

www.sdyouthservices.org
Please contact the Training
Department for special needs
accommodations or grievances at
training@sdyouthservices.org

Fee: \$60

**FREE FOR SDYS STAFF
AND VOLUNTEERS**

**Refunds will not be provided
for non-attendance. Refunds
will be given for trainings
cancelled by SDYS.**

*Certificates of Completion will be
distributed within one week of the
training.

Please Register at

sdyouthservices.org

(Under the "Get Involved" Tab!)

Trauma-Informed Care 201

where individuals can learn the philosophy to care and guide our Service Partners, staff, and members of our community who've experienced multiple life challenges.

Trauma Informed Care (TIC) SDYS's philosophy of care and positively influences the way each of us works with the youth and families we serve. TIC is a collaborative philosophy that acknowledges the impact of one's life experiences and guides our interactions to promote connection, inspiration, strength and healing. Learning the resources that every youth and their family should experience to best meet their needs.

Agenda

- Pre Test
- Training Guidelines
- TIC at SDYS
- TIC 101 Review
- Safety, Connection & Self-Regulation
- TIC in the Work Place
- Vignettes
- Available Resources
- Evaluation and Post Test

Learning Objectives

- Identify the key concept related to Trauma-Informed Care
- Summarize the research that has been done on the neurobiology of trauma
- Discuss the key elements of the trauma-informed framework
- Apply the concepts identified to programs and practice

San Diego Youth Services is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. San Diego Youth Services maintains responsibility for this program course and content.