



San Diego Youth Services

Celebrating 48 years: 1970-2018

Working to...

- Meet the basic needs of youth
- Create positive connections
- Help youth develop life skills
- Promote overall health and well-being

San Diego Youth Services (SDYS) is a nationally recognized, non-profit organization that has helped to improve the lives of more than 700,000 homeless, runaway, abused and at-risk youth and their families. Every day, **we work to fight the tragedies of youth homelessness and youth in crisis**. Founded in 1970, SDYS now provides services to more than 22,000 children and their families each year.

We can help.

We provide emergency services, safe places to live and long-term solutions for kids on their own by providing shelter, foster homes, community centers and transitional housing. We also provide vital prevention and early intervention services. Professional help for high-risk youth is provided at all 15 of our locations.

Youth are referred to us by a variety of sources, including word of mouth from other youth, schools, community organizations, and police and probation officers. Six nights a week, outreach teams also seek out youth who feel they have nowhere else to turn.

SDYS' initial operating budget was approximately \$25,000. Today, we administer a budget of \$20 million and we are proud that 86.5 percent of all funds go to serve youth directly.

OUR MISSION

Our mission is to help at-risk youth and their families become self-sufficient and reach their highest potential.

OUR VISION

We envision a community of youth and families who are successful at reaching their highest potential.

OUR PHILOSOPHY

We encourage and embrace a Trauma Informed Care philosophy. Trauma Informed Care is a collaborative philosophy that acknowledges the impact of one's life experiences and guides our interactions to promote connection, inspiration, strength and healing.

A collaborative approach with our community is essential to ending homelessness, breaking the cycle of child abuse and neglect, preventing delinquency and school failure, and promoting mental health and addiction recovery.

At SDYS, we believe every youth and their family should be connected to resources that will best meet their needs. If resources are not available within SDYS, we connect with a community partner who can help.