



**1970**

Year founded



**80**

Community  
Locations in  
San Diego County



**700,000+**

Youth and their  
families helped



**89**

Percent of all  
funds go to benefit  
youth directly



**We can help.** We provide emergency services, safe places to live and long-term solutions for kids on their own by providing shelter, foster homes, community centers and transitional housing. We also provide vital prevention and early intervention services. Professional help is provided at all of our locations.

**Our Mission:** to help at-risk youth and their families become self-sufficient and reach their highest potential.

**We're all about...**

Ending Homelessness

Breaking the Cycle of Child Abuse and Neglect

Preventing Delinquency and School Failure

Promoting Mental Health and Addiction Recovery



**SAN DIEGO  
YOUTH SERVICES**

Building futures for at-risk youth



**San Diego Youth Services** is a non-profit organization that has helped improve the lives of more than 700,000 homeless, runaway, abused and at-risk youth and their families. Every day, we work to fight the tragedies of homeless youth and youth in crisis. Founded in 1970, we now provide services to more than 23,000 children and their families each year.

**We are working to...**

Meet the Basic Needs of Youth

Create Positive Connections

Help Youth Develop Life Skills

Promote Overall Health and Well-Being



**Point Loma Campus**

3255 Wing Street

San Diego, CA 92110

(619) 221-8600

[sdyouthservices.org](http://sdyouthservices.org)

San Diego Youth Services,  
a 501(c)(3) Tax ID 95-2648050

# San Diego Youth Services

## ADOPTION SUPPORT

**Adoption Support Services:** provides an array of support services such as support groups, parent coaching and resources to families in San Diego County who have or are in the process of adopting.

## ANTI-BULLYING AWARENESS AND SUPPORT

**Anti-BIAS (Anti-Bullying, Intervention and Advocacy Supports):** provides assessment and services for youth who are victims of bullying in conjunction with the HERE Now program. The program is available in the Santee and Grossmont Union High school districts.

## CHILD SEX TRAFFICKING, AWARENESS AND RECOVERY

**I Care Mental Health Clinic and Drop-in Center:** promotes healing for youth up to age 21 who are at risk of or have experienced commercial sexual exploitation to develop their inner strengths, self-esteem and dreams.

**STARS (Surviving Together, Achieving and Reaching for Success):** provides case management, support groups, a rapid response team with Child Welfare and trainings for youth who have experienced commercial sexual exploitation and domestic sex trafficking.

## FOSTER CARE SERVICES

**Independent Living Skills:** focuses on giving former foster youth the tools and resources that they need to transition into becoming an independent and self-sufficient adult.

**Resource Family Agency:** specializes in recruiting, certifying and supporting foster parents, while helping the youth move toward long-term goals of reunification with their biological family, adoption or emancipation.



## HOMELESS HOUSING AND SUPPORT SERVICES

**Street Outreach:** meets and engages runaway and homeless youth across San Diego County, connecting them with resources and providing help to meet basic needs, such as transportation to shelter, housing referrals, hygiene items, food and blankets.

**TAY Academy:** serves as a centralized hub for resources and services relating to job-readiness training, case management, education, mental health and housing for Transition Age Youth (ages 16-24), including foster youth, former foster youth, out-of-home probation youth and homeless and runaway youth.

**Transitional Housing Continuum:** provides affordable housing, independent living skills training and supportive services to break the cycle of homelessness and create hope and self-sufficiency for youth ages 16-24 transitioning into adulthood.

**Youth Emergency Shelter:** is the only emergency night shelter program and drop-in center in San Diego for homeless, runaway and “street” youth, providing a safe home and services to help youth return to their families or find alternative housing.

## JUVENILE DELINQUENCY PREVENTION, DIVERSION AND INTERVENTION

**BridgeWays – Juvenile Delinquency Program:** provides outpatient clinical, institutional and field support services for youth up to age 21 who are justice involved or at risk of justice involvement.

**Community Assessment Team:** provides individualized supportive case management and links youth dealing with behavioral, social or juvenile justice issues and their families with needed resources and services in East San Diego County.

**Cool Bed:** is a voluntary short-term residential placement for youth (ages 12 to 17) that provides temporary shelter and structured yet nurturing supervision from a certified host family, providing youth and their families a two-week, cooling-off period.

**Juvenile Diversion/Alternatives to Detention:** helps high-risk youth referred by law enforcement, school personnel, community organizations or their families to stay on track and prevent future contact with the juvenile justice system.

## MENTAL HEALTH SERVICES

**Camp Mariposa:** offers a traditional day camp providing counseling and emotional support, while teaching problem-solving and self-care strategies to help youth impacted by the substance use disorder of a family member.

**Counseling Cove:** supports runaway and homeless youth struggling with emotional, behavioral and learning difficulties who seek assistance exiting street life.

**East County Behavioral Health Clinic:** offers a full-service child and adolescent mental health clinic with individual, group and family counseling, treatment, crisis intervention, psychological testing and medication evaluations and oversight.

**East County Prevention and Early Intervention (PEI) Program:** prevents serious mental illness and behavioral problems in elementary school-aged children by working with children, their parents, the community and the school to raise awareness and help prevent these challenges.

**Family Resource Center:** provides self-sufficiency and supportive services to youth and families in the El Cajon Valley School District who are experiencing a range of needs.

**Our Safe Place Mental Health Services and Drop-in Center:** offers mental health services, support groups, case management, community building and other services for LGBTQ youth and their families in a “Safe Zone.”

## SUICIDE PREVENTION AND INTERVENTION

**HERE Now:** is a suicide prevention and early intervention program in community locations and school settings to help youth recognize the warning signs of depression and suicide in themselves or a friend and how to seek help.

## TEEN PREGNANCY PREVENTION AND INTERVENTION

**Teen Pregnancy Prevention Program:** is a multi-agency project to reduce teen pregnancy and STDs among some of the highest-risk youth populations in identified “hot spots” throughout San Diego County.