



I now have a place to come and hang out when I want to be around other people that have been through similar things as me.”

- Survivor Age 18

San Diego Youth Services is a safe zone for LGBTQ+ youth.



San Diego Youth Services (SDYS) has improved the lives of more than 809,000 homeless, runaway and other vulnerable youth since 1970. We provide safe places to live and long-term solutions through shelter, foster homes, community centers and housing. Through prevention, early intervention and treatment, we also help youth before they need higher levels of care or become homeless. SDYS serves youth at more than 100 community and school locations.

Our mission is empowering youth to thrive by meeting their basic needs and providing lifelong skills for self-sufficiency and achieving their life ambitions. Our vision is to create a world where all youth have equal opportunities to achieve their goals and make their dreams a reality.

sdyouthservices.org

For info or to schedule a presentation, please email: safefamily@sdyouthservices.org



LIVE WELL SAN DIEGO



SAFE FAMILY SERVICES

Building futures for over 50 years



Safe Family Services is a trauma informed program of San Diego Youth Services that provides victim/survivor support services for young people who are at risk for or who may have experienced domestic violence, Child & Family Wellbeing (CFWB) involvement and/or Human Trafficking.

Hours: Monday-Friday
9 a.m.-5:30 p.m.

Supportive Services

Mental Health: Individual, family, and group therapy are aimed towards achieving each youth's highest potential. Therapy supports healing and recovery from trauma, mental health, and substance use, including tobacco and/or nicotine use.

Case Management: Develop individualized plans that address short and long-term goals towards stability and self-sufficiency. Provide peer support and connect youth to community resources that encourages empowerment and resiliency. Services are community based and encourage pro-social outings.

Prevention Groups: Educate youth and caregivers to identify risk factors, red flags, and warning signs to reduce dating violence and human trafficking. Help reduce communication barriers and promote various techniques to approach sensitive topics and improve relationship building.

Education & Community Support: Community trainings on Human and/or Labor Trafficking tailored to the requesting party's needs. Please email safefamily@sdyouthservices.org to schedule an in-person or virtual training, workshop, or presentation.

Caregiver Support: Support caregivers utilize a trauma informed approach to help model positive communication, boundary setting, and healthy relationship dynamics. Educate and help identify possible risk factors, and red flags that may be affecting youth.

Drop-In Center: Staff support youth, caregivers, and families with case management, peer, education, and employment supportive services.

Programs

Domestic Violence Services

- Individual and group therapy
- Case management: identify goals and create support to increase self-sufficiency
- Housing support: emergency short-term Housing assistance (1-3 months)
- Flexible, need-based, short-term financial assistance (1-3 months)

Sexual & Domestic Violence Prevention Services

- Activities focusing on social-emotional health, positive nonviolent behaviors, and healthy relationships
- Parent groups: increase knowledge and empower parents to take action
- Training for staff, volunteers, and youth- serving professionals: understanding teen dating violence, identify risk factors and warning signs

Human Trafficking Support Services

- Support groups and case management centering physical/mental health, independent living skills and empowering caregivers to discuss hard topics that may arise when youth are at risk for or impacted by human trafficking
- Detention outreach for youth in custody, providing emotional and social support, advocacy with probation officer and more
- Individual, group and family therapy

CWS Support Services

- Case management to support through the CWS process, education on the criminal justice system, and assistance with application for California Victim Compensation Board claims
- Individual, family, group, and crisis-intervention therapy addressing child behavior and parenting
- Linkage to information and referral and community resources for SDYS parents and youth

Program Eligibility



Eligibility Requirements

- Youth aged 11-25 or younger at risk or impacted by Human trafficking, including Commercial Sexual Exploitation and/or domestic sex trafficking
- Youth at risk of or impacted by labor trafficking, working without pay/below the legal wage
- Youth aged 18-24 experiencing homelessness or at risk of becoming homeless as a result of domestic violence
- Youth with past or present experience of domestic violence
- Youth up to age 17 and families who have past or present involvement with Child and Family Wellbeing (Formerly CWS)
- Youth who identify as part of the LGBTQIA+ community

We cover a multitude of services. if you are between the ages of 11-25 or you are a caregiver with youth between those ages please reach out to see if you qualify. If we cannot offer support, we will connect you with someone who can.