

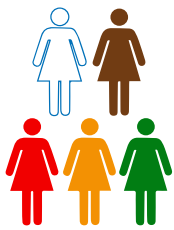
# Did you know?

**2ND**

## Second leading cause of death

among 10-14-year-olds. The 3rd leading cause of death among 15-24-year-olds.

<https://www.nimh.nih.gov/health/statistics/suicide>



## Four out of five

individuals considering suicide give some sign of their intentions, either verbally or behaviorally.

<https://www.cdc.gov/healthyyouth/data/yrbs/index.htm>



## LGBTQ+ youth

are more than 4 times as likely to attempt suicide than their peers because of how they are mistreated and stigmatized in society. <https://www.thetrevorproject.org/resources/article/facts-about-lgbtq-youth-suicide/>

“Evidence shows asking someone if they’re suicidal can protect them. They feel listened to, and hopefully less trapped. Their feelings are validated, and they know that somebody cares about them. Reaching out can save a life” - **Rory O’Connor, Professor of Health Psychology at Glasgow University**

For more information visit [nami.org/mhstats](http://nami.org/mhstats)

**Call or Text the Suicide and Crisis Lifeline 988**



**HHSA**  
HEALTH AND HUMAN SERVICES AGENCY



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