































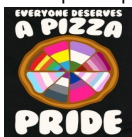


Our Safe Place- Central

JULY 2021



Golden Hill Youth Center 2220 Broadway, San Diego, CA 92102 (619) 871-8342

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1. GAYme Night 4pm—6pm  Caregiver Jam @ 6-7pm	2. Expressive Arts Workshop 4pm—6pm  Caregiver Jam @ 5-6 pm	3. MOVIE NIGHT @ 3-6pm 
4. Self-Care Sunday @ 3pm 	5. Meet-up Monday @ 4pm - 6pm 	6. The Topic Is... Binding @ 4pm  Caregiver Jam @ 6-7pm	7.  Gender Quest Series In person @ 4pm Caregiver Jam @ 6-7pm	8. GAYme Night 4pm—6pm  Caregiver Jam @ 6-7pm	9. Expressive Arts Workshop 4pm—6pm  Caregiver Jam @ 5-6 pm	10. SHE FEST! 1-6pm 
11. PRIDE MARCH @ 10:30am 	12. Meet-up Monday @ 4pm - 6pm 	13. The Topic Is... Legal Name and Gender Clinic @ 4pm  Caregiver Jam @ 6-7pm	14.  Gender Quest Series In person @ 4pm Caregiver Jam @ 6-7pm	15. GAYme Night 4pm—6pm  Caregiver Jam @ 6-7pm	16. Expressive Arts Workshop 4pm—6pm  Caregiver Jam @ 5-6 pm	17. Pride Youth Picnic! @ 11-3pm 
18. Pride Family Gathering @ 9:30am 	19. Meet-up Monday @ 4pm - 6pm 	20. The Topic Is... How to be an ALLY @ 4pm  Caregiver Jam @ 6-7pm	21.  Gender Quest Series In person @ 4pm Caregiver Jam @ 6-7pm	22. GAYme Night 4pm—6pm  Caregiver Jam @ 6-7pm	23. Expressive Arts Workshop 4pm—6pm  Caregiver Jam @ 5-6 pm	24. Stonewall Forever! 
25. Self-Care Sunday @ 3pm 	26. Meet-up Monday @ 4pm - 6pm 	27. The Topic Is... Finding My Identity@4pm  Caregiver Jam @ 6-7pm	28.  Gender Quest Series In person @ 4pm	29. GAYme Night 4pm—6pm  Caregiver Jam @ 6-7pm	30. Expressive Arts Workshop 4pm—6pm  Caregiver Jam @ 5-6 pm	31. Pride Pizza In person @ Luigi's Pizza 1pm-3pm 

Drop-In Center Hours:

Sat - Mon: 12pm - 8pm

Tues - Fri: 3:30pm - 8pm

(Services are available via phone, zoom, and by appointment from Monday-Sunday, 12pm-8pm)



LIVE WELL
SAN DIEGO

Our Safe Place Group Index

Our Safe Place is a drop-in center for youth up to the age of 21

Golden Hill Youth Center 2220 Broadway, San Diego, CA 92102 (619) 871-8342

Self Care	Meet Up Monday	The Topic Is...	Workshop Wednesday	GAYme Night	Options for everyone!
<p>What does that look like for you? We have a great deal of things that can help support your Self-Care. We also deep dive into, What is Self Care?</p> <p>Not to mention... We will indulge in Queer Pop culture for entertainment and relaxation purposes</p>	<p>**Join in-person or on zoom!**</p> <p>Come spend time with your LGBTQ+ peers. This is a chill space for all LGBTQ+ youth and allies, to socialize and interact with each other.</p>	<p>Zoom in to discuss the topic of the month! Topics will include current events, pop culture, queer representation in the media, and much much more!!</p>	<p>Gender Quest Series.</p> <p>Every youth who takes part will get a Gender Quest Work Book and a Pride bag full of goodies for participating throughout the month.</p>	<p>OSP's virtual game night is a chance to socialize with others and have a little friendly competition! Every week we'll play a different game amongst which include some virtual board games, trivia, and video games!</p>	<p>Our Safe Place is providing hybrid services with both in-person and zoom options!</p>
Expressive Arts Workshop	Movie Night	Caregiver Jam	Pride Continued!!!	Drop-In Hours	Questions/Needs??
<p>Come join a creative space with your peers where we'll explore different ways of artistic expression! During this workshop, you'll get to work in a safe space where you can bounce ideas off your peers, share what you've created with others, and reflect on different ways that we can all grow in our art.</p>	<p>Movie Nights! Come and watch a movie, hang out with friends and eat some delicious pizza, popcorn and snacks.</p> <p>Pride Pizza will be a field trip held at the end of the month! Call for more information!!</p>	<p>Come join with other LGBTQ+ Family and Caregivers as we create a space of support to tackle LGBTQ+ specific needs and topics that will support your youth and family!!</p> <p>Our Caregiver Team will bring in various themes and topics to support the dialogue.</p> <p>Please let us know of any specific needs!!</p> <p>For information contact the caregiver support team: agoan@ymcasd.org dmang@sdyouthservices.org afavela@ymcasd.org</p>	<p>This month OSP will be at several events around the county. Use the QR code to access the information, time, place, etc to take part in the Pride Fun!</p> <p>Or visit the link below for more information!!</p> <p>https://sdpride.org/pride/</p> <p>Take the time to watch a documentary on the Stonewall Riots on 6/24/21!</p>	<p>Stop by for needs including: showers, hygiene items, pick up your gender affirming items, and/or grab a snack!!</p> <p>Or just stop by between the hours of 3:30pm - 8:00pm daily for a safe LGBTQ+ affirming space to hang out!</p>	<p>Get questions answered or information on how to access groups!!</p> <p>Get set up with staff for 1:1 check-ins!!</p> <p>Share ideas on groups you want to see!!</p> <p>Mel Martellaro (They/Them) Lead Youth Support Partner (619) 871-8342 mmartel- laro@sdyouthservices.org</p> <p>Melanie Morones (She/They) OSP Program Manager (619) 316-5264 mmorones@sdyouthservices.org</p>