

# TRAUMA INFORMED CARE 201



## Date & Time:

**Monday, October 14**  
**9:00 a.m.-11:00 a.m.**

## Location:

**Point Loma Campus**  
**Board Room**  
3255 Wing Street  
San Diego, CA 92110

## Trainer:

**Lily Cerrillo, LMFT**  
Clinical Supervisor  
San Diego Youth Services

## Registration:

**[www.sdyouthservices.org](http://www.sdyouthservices.org)**  
Please contact the Training Department for special needs accommodations or grievances at [training@sdyouthservices.org](mailto:training@sdyouthservices.org)

## Fee: \$60

**FREE FOR SDYS STAFF AND VOLUNTEERS**

**Refunds will not be provided for non-attendance. Refunds will be given for trainings cancelled by SDYS.**

\*Certificates of Completion will be distributed within one week of the training.

## Please register at:

[sdyouthservices.org](http://sdyouthservices.org)

(Under the "Get Involved" Tab!)

## Trauma-Informed Care 201

Individuals can learn the philosophy to care and guide our Service Partners, staff, and members of our community who've experienced multiple life challenges. Trauma Informed Care (TIC) SDYS's philosophy of care and positively influences the way each of us works with the youth and families we serve. TIC is a collaborative philosophy that acknowledges the impact of one's life experiences and guides our interactions to promote connection, inspiration, strength and healing. Learning the resources that every youth and their family should experience to best meet their needs.

## Agenda

- Pre Test
- Training Guidelines
- TIC at SDYS
- TIC 101 Review
- Safety, Connection & Self-Regulation
- TIC in the Work Place
- Vignettes
- Available Resources
- Evaluation and Post Test

## Learning Objectives

- Identify the key concept related to Trauma-Informed Care
- Summarize the research that has been done on the neurobiology of trauma
- Discuss the key elements of the trauma-informed framework
- Apply the concepts identified to programs and practice

## **CULTURAL COMPETENCY TRAINING**