

# San Diego Youth Services Training & Development Opportunity

## NARRATIVE THERAPY TRAINING



**Date & Time:**  
**Thursday,**  
**January 24, 2019**  
**9am-4pm**  
1 hour Lunch break

**Location:**  
**Spring Valley El Cajon**  
**Campus**  
**Auditorium**  
3845 Spring Drive  
San Diego, CA 91977

**Trainer:**  
**Armando Gonzalez,**  
**PysD, LMFT** Professor and  
Speaker

**Registration:**  
**[www.sdyouthservices.org](http://www.sdyouthservices.org)**

Please contact the Training  
Department for special needs  
accommodations or grievances  
at [training@sdyouthservices.org](mailto:training@sdyouthservices.org)

**Fee: \$35**  
**FREE FOR SDYS STAFF**  
**& SDYS VOLUNTEERS**

**Refunds will not be provided**  
**for non-attendance. Refunds**  
**will be given for trainings**  
**cancelled by SDYS.**

\*Certificates of Completion will  
be distributed within one week  
of the training

For more information and to register, please visit

**[sdyouthservices.org](http://sdyouthservices.org)**

(Under the "Get Involved" Tab!)

This workshop is designed to familiarize clinicians with the fundamental principles of Narrative Therapy, and in particular, its usefulness when working with Foster/Adoptive/Displaced/Homeless Youths. Participants will be offered practical steps to engaging clients in Externalizing and Re-Authored Conversations. Detailed case presentations will be made to illustrate the use of Reflecting Teams and Letter Writing campaigns.

### **Agenda**

9AM - 10AM: Overview of Narrative Therapy  
10AM - 11AM: Externalizing Conversations Part I  
11AM - 12PM: Externalizing Part II: Mapping Anxiety  
12PM - 1PM: Lunch Break  
1PM - 1:45PM: Re-Authored Conversations  
1:45PM - 3PM: Historicizing: Reflecting Teams & Letter Writing  
3PM-4PM: Case Examples from Participants and Q&A

### **Learning Objectives**

- Develop intermediate level ability to approach therapeutic conversations, and presenting problems, from the position of a Narrative Therapist.
- Acquire practical skills and techniques to assist Foster/Adoptive/Displaced/Homeless Youths in renegotiating their relationship to problems.
- Receive experiential opportunities to practice Narrative Therapy techniques and to staff cases with the presenter.

San Diego Youth Services is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. San Diego Youth Services maintains responsibility for this program course and content.