

TRAUMA INFORMED CARE 201

CULTURAL COMPETENCY TRAINING



Date & Time:

**Wednesday, July 18,
2018**

9:00am-1:00pm

15 Minute Break

Location:

SVECC-ROOM 19

3845 Spring Drive
Spring Valley, CA 91977

Trainer:

Ilene Tibbitts, Program
Manager for the Adoptions
program at San Diego Youth
Services.

Registration:

www.sdyouthservices.org

Please contact the Training
Department for special needs
accommodations or grievances
at training@sdyouthservices.org

Fee: \$60

**FREE FOR SDYS STAFF
AND VOLUNTEERS**

**Refunds will not be
provided for non-
attendance. Refunds will
be given for trainings
cancelled by SDYS.**

*Certificates of Completion will
be distributed within one week
of the training.

Please Register at

sdyouthservices.org

(Under the "Get Involved" Tab!)

Trauma-Informed Care 201

where individuals can learn the philosophy to care and guide our Service Partners, staff, and members of our community who've experienced multiple life challenges.

Trauma Informed Care (TIC) SDYS's philosophy of care and positively influences the way each of us works with the youth and families we serve. TIC is a collaborative philosophy that acknowledges the impact of one's life experiences and guides our interactions to promote connection, inspiration, strength and healing. Learning the resources that every youth and their family should experience to best meet their needs.

Agenda

- Pre Test
- Training Guidelines
- TIC at SDYS
- TIC 101 Review
- Safety, Connection & Self-Regulation
- TIC in the Work Place
- Vignettes
- Available Resources
- Evaluation and Post Test

Learning Objectives

- Identify the key concept related to Trauma-Informed Care
- Summarize the research that has been done on the neurobiology of trauma
- Discuss the key elements of the trauma-informed framework
- Apply the concepts identified to programs and practice

San Diego Youth Services is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. San Diego Youth Services maintains responsibility for this program course and content.

Course meets the qualifications for a total of 3.75 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences.

CAMFT Approved Provider # 134767 • CCL Vendor #2000294

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